

The pharmaceutical/medical equipment companies have provided funding towards this event through the purchase of an exhibition stand and will be present on the day. They have had no input into the educational content

ESNA CONFERENCE, CARDIFF

14th & 15th June 2026

DAY ONE – 14/6/26

TIME	SPEAKER	PROGRAMME TITLE
12.15pm	Arrival Buffet Lunch	
1.15pm	Intro and welcome by Phil Tittensor, ESNA Chair	
1.30pm	Javier Peña-Ceballos, Registered advanced nurse practitioner in epilepsy, Mater Misericordiae University Hospital and Beaumont hospital, Dublin	Idiopathic generalised epilepsy: gender differences and treatment considerations
2.15pm	Monika Czech, Epilepsy Specialist Nurse, The Walton Centre, Liverpool	Laser Interstitial Thermal Therapy (LITT)
3pm	Coffee Break	
3.30pm	Dr Charlotte Lawthom, Consultant Neurologist, Aneurin Bevan University Health Board	Risk versus Benefits of epilepsy treatments
4.30pm	Phil Tittensor, ESNA Chair	Round up of Day 1
7.30pm	Evening Conference Dinner	



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DAY TWO – 15/6/25

TIME	SPEAKER	PROGRAMME TITLE
8.30am	Coffee on Arrival	
8.50am	Welcome by Phil Tittensor, ESNA Chair	
9am	Jenny Edwards & Joanne Hammett, ILAE Nursing Section	Updated ILAE Seizure classifications 2025
9.30am	Caryn Jory, Epilepsy Specialist Nurse, Cornwall, Tamsyn Jory, Detective Constable & Sally-Ann Remnant, Epilepsy Specialist Nurse, Brighton	Tell me, Explain to me, Describe to me - What Policing and Epilepsy Care teach us about witness statements
10.15am	All speakers from previous 3 sessions	Q&A
10.45am	Coffee Break	
11.15am	ESNA exec team	ESNA AGM GRAB A COFFEE and HAVE YOUR SAY
12.15pm	Matthew Cousins, Senior Community Learning Disability Nurse, Your Healthcare, London	Community Learning Disability & Epilepsy Nursing
12.45pm	Lunch Break	
1.45pm	Prof. Lance Watkins, Consultant Psychiatrist, Swansea Bay UHB - Psychiatry of Learning Disability	Risks in ageing adults with ID and Epilepsy
2.45pm	Caryn Jory, ESNA Vice Chair & Epilepsy Specialist Nurse, Cornwall	Updated Buccal Midazolam Best Practice Guidelines
3.30pm	Coffee Break	
3.45pm	Phil Tittensor, Consultant Nurse for the Epilepsies, The Royal Wolverhampton NHS Trust & ESNA Chair & Sally-Ann Remnant, Epilepsy Nurse Specialist, University Hospitals Sussex NHS Foundation Trust	Buccal Midazolam Harms
4.30pm	Finish & Close	

